



## Mid-Valley Behavioral Care Network

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### **RECOMMENDED MEDICAL TESTS**

As part of our thorough assessment process, we ask that the patient receive a complete physical exam. We also recommend that the following laboratory and imaging tests be done on each person with a new psychosis. These tests will assist us all in clarifying the diagnosis and preparing for pharmacological treatment:

- CBC with differential
- Chemistry panel (with liver enzymes, electrolytes, BUN, Cr, calcium)
- Urine drug screen
- Urinalysis, with microscopy
- B-12 and folate
- Thyroid screen (TSH, T4)
- MRI or CT

These results along with a medical history should be sent to the treating psychiatrist.

For people on antipsychotic medicines, ongoing screening/monitoring (every 6 months-1 year) should occur for:

- Weight gain
- Glucose level
- Cholesterol
- Triglycerides

Patients with a higher level of risk due to known medical conditions or family history may require additional monitoring. Examples of conditions warranting additional monitoring: neurological conditions, diabetes, heart disease, liver problems.

For people on Clozaril/Clozapine, ongoing monitoring of white blood cell counts for agranulocytosis is required.

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