

EARLY PSYCHOSIS TRAINING: RECOMMENDED READING, 3/05

Adamec, Christine and Jaffe, D.J. (1996). How to Live with a Mentally Ill Person: A Handbook of Day-to-Day Strategies. John Wiley and Sons.

Bellack, Alan (2004). Social Skills Training for Schizophrenia, Second Edition: A Step-by-Step Guide. New York: Guilford Press. (Previous edition already released, this one to be released soon as of January 2004).

Carter, Rosalynn and Golonti, Susan (1999). Helping Someone with Mental Illness: A Compassionate Guide for Family, Friends and Caregivers. New York: Three Rivers Press.

Copeland, Mary Ellen (1997). Wellness Recovery Action Program. Peach Press.

Medalia, Alice and Revheim, Nadine (2002). Dealing with Cognitive Dysfunction Associated with Psychiatric Disabilities: A Handbook for Families and Friends of Individuals with Psychiatric Disorders. State of New York. To download, go to http://www.omh.state.ny.us/omhweb/cogdys_manual/CogDysHndbk.pdf.

Miller, Rachel and Mason, Susan (2002). Diagnosis: Schizophrenia. Columbia University Press. This is an excellent book written by young people in recovery from Schizophrenia and professionals from Hillside Hospital in New York.

Moller, MD. (2002) Recovering from psychosis: a wellness approach. 15th Ed. Nine Mile Falls, WA: Psychiatric Resource Network.

Murphy, M.F. & Moller, M.D. (1998). My symptom management workbook: a wellness expedition. Nine Mile Falls, WA: Psychiatric Rehabilitation Nurses, Inc.

Weiden, Peter, editor (1999). Breakthroughs in Antipsychotic Medicines. Washington D.C.: National Alliance of the Mentally Ill.

Core texts for professionals:

McGorry (1999). The Recognition and Management of Early Psychosis: Cambridge University Press.

The Australian Clinical Guidelines for Early Psychosis (1998). Australia: University of Melbourne.

Edwards and McGorry (2002). Implementing Early Intervention in Psychosis. United Kingdom: Martin Dunitz.

Downloadable training manuals from the Early Psychosis Prevention and Intervention Center web site, www.eppic.org.au. Manuals can also be ordered on Psychoeducation, Family Work, Group Work, and COPE (Cognitively Oriented Psychoeducation).

SAMHSA toolkits: <http://www.mentalhealth.samhsa.gov/cmhs/communitysupport/toolkits/>

Videos:

- Mary Ellen Copeland, Creating Wellness series, Mental Illness Education Project:
 - Key Concepts for Mental Health
 - Wellness Recovery Action Plan (WRAP)
 - Wellness Toolbox.

- Patricia Deegan, *Beyond the Coke and Smoke Syndrome*. Boston: National Empowerment Center.

- Frese, Fred and Penny (1991). "Schizophrenia: Surviving in the World of Normals", and "A Love Story: Living with Someone with Schizophrenia" . Ohio: Wellness Reproductions.

- Moller, M.D. (1995). *Understanding and Communicating with a person who has delusions*. Videotape and Study Guide. Nine Mile Falls, WA: Nurseminars, Inc.

- Moller, M.D. (1991). *Understanding relapse: managing the symptoms of schizophrenia*. Videotape and Study Guide. Omaha, NE: Nurseminars, Inc.

- Moller, M.D. (1990). *Understanding and communicating with a person who is experiencing mania*. Videotape and Study Guide. Videotape and Study Guide. Omaha, NE: Nurseminars, Inc.

- Moller, M.D. (1989). *Understanding and communicating with a person who is hallucinating*. Videotape and Study Guide, Omaha, NE: Nurseminars, Inc.

Books for professionals:

Herrman-Doig, Maude and Edwards (2003). Systematic Treatment of Persistent Psychosis (STOPP). International Early Psychosis Association/Taylor and Francis.

Kingdon and Turkington (1994). Cognitive Behavioral Therapy of Schizophrenia. Taylor and Francis.

McFarlane, William (2002). Multifamily Groups in the Treatment of Severe Psychiatric Disorders. New York: The Guilford Press.

Morrissey, Joseph and Monahan, John (1999). *Coercion in the Provision of Mental Health Services: The Macarthur Studies*. Research in Community and Mental Health: Coercion in Mental Health Services- International Perspectives. JAI Press.

Roberts et al (1999). Overcoming Addictions: Skills Training for People with Schizophrenia. Norton and Company.